



CARRAWAY

METHODIST MEDICAL CENTER

SAME DAY SURGERY
Providing Exceptional Surgical Care

Health Care With You In Mind

Because We Care...

Demonstrating behaviors, reflecting our core values of compassionate care, respect, human dignity, sacredness of all life and excellent service form the cornerstone of everything we do. Carraway Methodist Medical Center's physician staff, nursing staff and ancillary staff always focus on care as a patient centered partnership. We are dedicated to providing exceptional health care to our patients through our team of exceptional medical professionals and our comprehensive range of services.

Recognition is important to us because it acknowledges our level of excellence. But what is far more important is the superior care each and every patient or visitor to our facility receives. Our Same Day Surgery program is dedicated to providing the best possible care to the residents of Birmingham and surrounding communities.

Within the Carraway Health Care Family, each department has unique strengths and attributes. This individuality is enhanced while at the same time a continuum of care is being developed to ensure quality pervades. Our patients and their family members must know they can expect a higher level of care delivered cost-effectively, wherever they see the name, Carraway Methodist Medical Center. To this end, we want to ensure hands-on responsiveness to our patients and provide a forum where communication is shared and open.

Thank You For Choosing Carraway!

PATIENT RIGHTS AND RESPONSIBILITIES

At Carraway Methodist Medical Center, we are committed to working in partnership with patients and families to support their right and responsibilities. We believe patients are entitled to appropriate, conscientiously delivered and compassionate health care regardless of race ancestry, place of origin, color, ethnic origin, citizenship, creed, sex and sexual orientation, age, marital status, diagnosis, family status or disability.

Patient Rights

You have a right to:

- Be treated in a kind and respectful way
- Know the names and roles of people involved in your care
- Participate in making decisions about your care (with substitute decision maker if needed.)
- Be given information in a way you will understand
- Refuse care to the extent permitted by law
- Expect that all information would be kept private and confidential
- A safe and clean environment
- Expect continuity of care
- Consent or decline to participate in research

Patient Responsibilities

You are responsible to:

- Respect staff, visitors and other patients
- Give accurate history of medical information
- Participate in health care decisions
- Follow the treatment plan and tell us any concerns you have about your treatment and care
- Inform care providers on advanced directives and living wills
- Accept responsibility for consequences of refusing care
- Accept the impact of your lifestyle on your personal health
- Respect hospital property and assist in the control of noise and number of visitors
- Discourage friends and family from visiting if they are sick

What is Same Day Surgery?

Same-Day Surgery enables you to be admitted to the hospital, have surgery or diagnostic procedures performed and return home the same day.

What is an A.M. Admission?

If you have an A.M. admission, you will be admitted to the hospital the morning of your surgery and remain there. The length of time you'll be hospitalized depends on the type of surgery you have and your doctor's evaluation of your recovery.

Will Insurance Cover My Surgery?

Most insurance or health plan policies cover same-day surgery procedures. Check with your insurance representative with questions about your coverage.

How Do I Prepare For Surgery?

Your doctor will schedule the time, date and procedure. A nurse will call you the weekday afternoon before your appointment to confirm the time of your surgery. You may visit the Pre-Admission Testing and Registration area before the day of surgery. If not, you will be contacted by telephone for information or instructions.

If you have any questions about the surgical procedure you are having done, be sure to ask your doctor. We want you to be informed about your procedure and ask questions if you don't understand.

What Can I Expect When I Arrive For Surgery?

We begin caring for you even before you arrive at our Center. Before your procedure, our nurse will contact you to verify your appointment time and answer any questions you might have. If you will not be available at that time, please call the Same-Day Surgery Pre-Admission Testing at 205-502-5620 between 9:30a.m. and 5:00 p.m., Monday through Friday.

The day of your surgery, please arrive at the Center an hour before your scheduled surgery time or at the time given by the nurse in Pre-Admission Testing. Our nurse and anesthesiology staff will talk with you to review your medical history, assess your physical condition and determine the type of anesthesia that is best suited for you.

What Will Happen After My Surgery?

Following surgery, you will be taken to a recovery room. Your family may wait for you in the surgery waiting area, where your doctor will meet them after surgery to discuss your condition. Be sure a staff member is with you when you first stand or walk in case you become dizzy. Your nurse will give you instructions for home care and answer any questions you might have.

Can I Drive After Surgery?

No. Do not, under any circumstances, drive for at least 24 hours after surgery. Have someone driver you home and escort you all the way into your home. Also, be sure to arrange for someone to stay with you after surgery.

How Soon Can I Get Back To My Normal Routine?

This will depend on the type of surgery you have had. As a rule, you should rest for at least 24 hours after your surgery. Eat lightly. Do not drink alcoholic beverages for at least 24 hours after surgery.

Who Can Answer My Questions About My Surgery?

If you have any questions about the surgical procedure that has been recommended for you, be sure to ask your doctor. Remember, it is your right to be properly informed, and it is your responsibility to ask questions if you don't understand something.

If a change in your physical condition occurs, such as a cold, fever or an important change in the condition for which you are having surgery, contact your doctor.

What Is An Advance Directive?

Before your surgery, you will be asked if you have an advance directive. An advanced directive can be an oral conversation between you and your health care provider or a written document in which you state your choices for medical treatment and/or designate who will make your treatment choices, should you lose decision-making capability. A living will is an example of an advance directive. If you have a written advance directive, please bring a copy with you.

Patient Satisfaction

We want your visit to Same Day Surgery to be exceptional. If at anytime during your surgical experience you have concerns or problems, please contact our Director of Surgical Services, Mr. Iverson Pace at 205-502-5625. We encourage you to share your experience with us so we may continually seek to enhance our exceptional care.